



**CIRCLES<sup>®</sup>**  
**RVA**  
Building Community to End Poverty

**November 2022**

**“Opportunities don't happen,  
you create them.”**

**-unknown**



## **New and Goods**

We are so proud of the Circles Cohort 5 Leaders who graduated on October 29, 2022! They have spent the past two years transforming their lives! Please join us in congratulating them on their hard work, dedication and commitment to the Circles Program. The graduation ceremony was full of Leaders' reflections about their journey, reflections from their Allies and motivational words from Clarissa Law as the Keynote Speaker. May we present to you the Circles RVA Graduates in the picture above.

Delphine, Gabby, Marilyn and Zee (left to right)  
We are so proud of you and the example you are for  
letting others know they can do it too!

## **Messages from the Circles RVA Staff**

### **Circles RVA Community Coordinator Says...**

Happy Gratitude Month! I have the pleasure of supporting Circles by being the Community Coordinator. In my role, I have the distinct honor of providing awareness in our community about the Circles mission and how the community can get involved. It is a pleasure to work with all

of our dedicated volunteers, create relationships with our community partners, churches and organizations and to visit the community and speak about Circles. Please let me know if you or anyone in your life would like to learn more about all of the opportunities to join in our mission. For those of you already involved, thank you; and for those of you getting ready to be involved, thank you. Please continue to read this newsletter and you will find about our work and how you can support Circles.



Make every day amazing and remember if you aren't having fun you are doing it wrong!

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## Circles Coach Chat

Welcome to the Coach's Chat,

I'm Debbie Willams, Circles RVA Coach. I would like to congratulate Cohort 5 Leaders on successfully completing their Circles journey and graduating on Saturday, October 29th. I'm excited to announce that we have a new cohort beginning this month. I am looking forward to supporting these Leaders as they embark upon a journey that will be empowering and life changing. As we usher in the fall, now is the perfect time to enjoy the beautiful landscape the season has to offer and prepare to gather with family and friends to reflect on all of the things we give thanks for. Having an attitude of gratitude and thankfulness is deeply rooted in the Circles model. So much so that each week during our meetings, our Leaders, Allies, volunteers and staff gather for dinner and share what we are thankful for. It's a great way to begin and end our meetings. Having the opportunity to support our Leaders so that they can achieve their goal of moving from surviving to thriving is an honor. I truly appreciate the opportunity for Circles RVA to walk alongside our Leaders and work towards making positive changes in our communities.



**Thank you Rachel Dunaway for all of your administrative support in your role as Administrative Assistant to the Circles Coach**

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## Jobs Coach Corner

Hello, Welcome to the Jobs Coach Corner!

This corner is dedicated to sharing all things career, education, and elevation of life related! This month I would like to highlight the importance of success! First, let's define **SUCCESS**. According to Merriam-Webster's Dictionary, success is defined as a degree or measure of succeeding or favorable or desired outcome, or, also, the attainment of wealth, favor, or eminence.

When you define success for you, remember it is for you! You are the REAL Leader towards fulfilling your destiny!

Here are four tips towards success:

1. Elevate your mindset to capture the opportunities around you!
2. Don't be afraid of change, especially if it's positive!
3. Be authentic, always!
4. Always stay focused on your destination!

Until next time, keep shining and being the best version of you!

Rebecca Mann

Circles RVA Jobs Coach

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## A message from the Circles Children's Program Coordinator

My name is Zee and I am the Children's Program Coordinator for Circles RVA. There is so much to say about a Tuesday night at Circle RVA since I am recent Leader graduate from the program. I



will only share one with you. This one has to do with the Children's Program.

This is an amazing program for the children. It's where the children grow as you grow and develop better ways to manage the things going on in their life.

One Tuesday evening one child shared that he will be a great leader in the future with the skills he will be learning at Circles RVA.

Just picture this ...one day of the week where your child is not glued to the phone or the TV. They will be developing communication skills, expressing their thoughts, and having innocent fun. Knowing that your child is helping and learning to help one another to accomplish the task on hand. This will bring families together to be their BEST, Let your children know that hanging out with CIRCLES will make dreams come true.

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## Appreciations - thank you ouRVA Collective for selecting us!



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## Circles RVA Happenings

### PASS THE WORD

**IMMEDIATE:** Recruitment for Cohort 7 has begun. If you know anyone that wants to be an intentional friend for one of our Leaders click [Ally](#) for more information and/or contact Christy at [coordinator@circlesrva.org](mailto:coordinator@circlesrva.org)

Ally orientation is December 6 and 8 week training begins December 13.

**Big View Night:** November 22, 2022 from 6 to 8 pm  
Theme: "Develop an Attitude of Gratitude"  
Location: Grace and Holy Trinity Church, 8 N. Laurel Street  
Dinner provided by Dominion Energy Professional Group  
Bring a friend and please [RSVP here](#).

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# NOVEMBER 2022

01

Cohort 6  
Matched  
Circles Night

Cohort 7  
Leader  
Orientation

08

Please Go  
Vote  
  
No Program

15

Cohort 6  
Program  
Night

Cohort 7  
Leader Training

22

Big View  
Night

Cohort 7  
Leader Training

29

Family Fun  
Night  
Cohort 6-7



## Get Involved

**Prepare or Sponsor a meal** for our Leaders and their families.

**Hospitality** - Join the Hospitality Team and help set up, serve and clean up the Tuesday evening meal. We also welcome any leads on anyone wanting to provide a meal.

**In-Kind Donations:** Donate paper products, plasticware and bottled water for our Tuesday night dinners.

### **Development Committee**

If you like fundraising for an important mission, we can use your help!

**Recruitment** - Join the Recruitment Resource Team to help others to get involved with Circles.

Contact Christy Ellis at [coordinator@circlesrva.org](mailto:coordinator@circlesrva.org) for more details on how you can get involved.



[www.circlesrva.org](http://www.circlesrva.org)



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