



February 2023

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

-Martin Luther King, Jr.



Scott Miller

Circles USA is 25 Years old this year!

Meet and listen to Scott Miller, Founder of Circles USA, as he shares his journey in creating Circles and all of the lives it has impacted!

[Listen to Scott Miller - Founder of Circles USA](#)

#expandyourcircle

[Read the newly released Circles USA 2022 Impact Report Here](#)

New and Goods

We are excited to present changes to our Circles RVA Board: presenting our new Co-President, Lisa Specter-Dunaway, board member, and Ally; our new Vice-President, Tasha Ellison, Ally; and our new Assistant Secretary, Joy Thomas, Graduated Leader, and board member. Each of them brings strong leadership and passion for the Circles mission.



Lisa Specter-Dunaway



Tasha Ellison



Joy Thomas

In-Kind Donation Corner:

This is a great opportunity for groups/individuals to have a donation drive and support our meals program.

Each Tuesday night we provide dinner for our Circles community, which is comprised of Leaders, their families, Allies, and their families, Resource Team volunteers, community volunteers, presenters, and facilitators. We can use your help in providing the following items to support our meals program:

- Paper plates
- Hot paper cups
- Napkins
- Boxes of plastic forks, knives, and spoons
- Cases of 40-pack bottled water
- Sugar and Creamer

If you are able to make a donation, please contact Christy at cellis@circlesva.org, to arrange for pick up or drop off of the items.

Appreciations

Thank you Valena Dixon for your leadership over the past two years as the Circles RVA Co-President. Your guidance, experience, and dedication to the Circles mission have provided valuable support for our programs and especially our Leaders.



We are grateful that you will continue to serve on the Board of Directors as well as serve as the Big View Resource Team Lead in 2023!

Circles RVA Happenings

PASS THE WORD

Big View Night: February 28, 2023, from 6 pm to 8 pm
Theme: Heart Health Month

Join us for information, engaging activities, and more as we learn about heart health and wellness for women and communities.

Presented by:

- **Dr. Denee Moore, Assistant Professor, Director of Internships, Virginia Commonwealth University, Department of Family Medicine and Population Health**
- **Marquita Whisonant, Director of EMT Training, VCU Health**

Location: Grace and Holy Trinity Church, 8 N. Laurel Street
Dinner provided
Bring a friend and please [RSVP here](#).

FEBRUARY 2023

07

14

21

28

C-6
Matched Circles
Night

C-7 Week 6
Leader Training

C-7 Week 4
Ally Training

C-6
Financial Literacy
Week 3

C-7 Week 7
Leader Training

C-7 Week 5
Ally Training

C-6
Financial Literacy
Week 4

C-7 Week 8
Leader Training

C-7 Week 6
Ally Training

**Big View
Night**

Heart Health
Month



Get Involved

Prepare or Sponsor a meal for our Leaders and their families.

Hospitality - Join the Hospitality Team and help set up, serve and clean up the Tuesday evening meal. We also welcome any leads on anyone wanting to provide a meal.

In-Kind Donations: Donate paper products, plasticware and bottled water for our Tuesday night dinners.

Development Committee

If you like fundraising for an important mission, we can use your help!

Recruitment - Join the Recruitment Resource Team to help others to get involved with Circles.

Contact Christy Ellis at coordinator@circlesva.org for more details on how you can get involved.



www.circlesva.org

