



CIRCLES[®]
RVA
Building Community to End Poverty

March 2023

“Optimism is the faith that leads to achievement.”

– Helen Keller

Circles USA News

2022 Circles USA Impact Report

Here's another chance to read through the [2022 multimedia impact report](#), *Deepening and Expanding Circles*, which includes a special treat: several new videos along with the usual infographics and inspirational stories.

Read the full blog [here](#).

New and Goods

We are excited to report that we are starting Cohort 8 in the Summer! Leader orientation and training begins June 6, 2023, and Ally orientation training begins July 11, 2023.

To access more information and learn how you can get involved in either of these opportunities visit www.circlesrva.org

Welcome to our new Hospitality Resource Team Lead, Cartwright Foreman! Cartwright started volunteering on the team in early January and is a dedicated volunteer. We are excited he accepted our invitation to lead the team!

In-Kind Donation Corner:

We need your help. Is your group looking for an opportunity to hold a donation drive and support our meals program?

Each Tuesday night we provide dinner for our Circles community, which is comprised of Leaders, their families, Allies, and their families, Resource Team volunteers, community volunteers, presenters, and facilitators. We can use your help in providing the following items to support our meals program:

- Paper plates
- Hot paper cups
- Napkins
- Boxes of plastic forks, knives, and spoons
- Cases of 40-pack bottled water
- Sugar and Creamer

If you are able to make a donation, please contact Christy at cellis@circlesrva.org, to arrange for pick up or drop off of the items.

Appreciations

Thank you to our generous meal donors and local restaurants for helping us serve healthy meals for our community on Tuesday nights.

A big shout out to our Hospitality Team for arriving early to set up the Tuesday night meal, serving the meal, and cleaning up the meal, all with a smile. We could not do it without these valuable volunteers.

A Big View Thank You for educating us about Healthy Heart Month:

Marquita Whisonant Assistant Director of Clinical Education and Outreach with VCU Center for Trauma and Critical Care Education and her presentation "When Seconds Count". Everyone that attended was able to learn and practice two-handed CPR and how life-saving it can be.

Denée Moore, MD, Assistant Professor, Department of Family Medicine and Population Health with VCU School of Medicine, and her presentation on "Heart Disease: Understanding the Facts and Strategies for Prevention". This presentation gave much-needed information on taking care of your heart to live your best life.

Circles RVA Happenings

PASS THE WORD

Big View Night: March 28, 2023, from 6 pm to 8 pm

Theme: Exploring Strategies for Wealth Building: Entrepreneurship; Owning your own Business

Location: Grace and Holy Trinity Church, 8 N. Laurel Street

Dinner provided

Bring a friend and please RSVP [here](#).

MARCH 2023

07

C-6
Matched Circles
Night

C-7 Week 9
Leader Training

C-7 Week 7
Ally Training

14

C-6
Financial Literacy
Week 5

C-7 Week 10
Leader Training

C-7 Week 8
Ally Training

21

C-6
Financial Literacy
Week 6

C-7 Week 11
Leader Training

C-7 Wrap-up
Ally Training

28

**Big View
Night**

Exploring
Strategies for
Wealth Building:
Entrepreneurship;
Owning your own
Business

Get Involved

Prepare or Sponsor a meal for our Leaders and their families.

Hospitality - Join the Hospitality Team and help set up, serve and clean up the Tuesday evening



meal. We also welcome any leads on anyone wanting to provide a meal.

In-Kind Donations: Donate paper products, plasticware and bottled water for our Tuesday night dinners.

Development Committee

If you like fundraising for an important mission, we can use your help!

Recruitment - Join the Recruitment Resource Team to help others to get involved with Circles.

Contact Christy Ellis at coordinator@circlesva.org for more details on how you can get involved.



www.circlesva.org



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